

- at Berlin developed apparatus out of trees etc. age 32.

- games essential to sociality.

1831 - J. P. Her used his methods.

- great patriot.

Adolf Spiess - followed Fritz Muths + John.

1810-1858 - to Switzerland + Froebel.

- invented own exercise + apparatus (hand)  
(dumbbells)

+ marching. Rearranged + systematized John's gym. "Father of School Gym"

- 1st indoor system

1) made gym. progressive in schools.

2) used gym. in winter.

3) music for exercises.

4) special work for girls.

5) leaders + 1 hr. daily.

August Hermann.

Introduced English games in Germany.

1875 - American baseball.

- games, athletics, dancing in Germany since war.

Denmark. - leader in P.E.

- Hans Nachteggall.

- studied theology, later taught gym.

- organized outdoor games + clubs.

- Prof. of gym. at U. in Copenhagen

1804 - course in Hist. + Methods of P.E.

head of govt. school for teachers.

1814 - P.E. elementary for boys.

1818 - " " secondary " "

1821 - Director of gym.



- 1828 - Manual of gym.
- city inspector of P.E.
- but mother's gym taught.

1860 - Rifle clubs.

1884 - Swedish gym. lig.

1900 - Commission to Stockholm.

Manual - Danish interpretation of Swedish with German apparatus.

horn - Swedish

horn - Swedish

hose - German

rings - German

still bars - Swedish

Rasmussen - 1<sup>st</sup>. civilian inspector of gym.

- to 1889 army instruction

- stressed teacher training.

- placed P.E. on same status as other <sup>with</sup>

1904 - compulsory P.E. for girls.

1908 - State exams in P.E.

1909 - Majr in P.E. in U

- 4 week courses.

- followed English games.

1891 - Copenhagen playground system.

Niels Bukk - Olleroh folk school - principal.

- stressed suppleness, mobility, flexibility.

- for boys + girls.

1910 - toured America.

Contribution of Denmark to P.E.

Persistent faith in P.E.

Full development of individual.

P.E. - full place in course.



Teacher training.

Influenced America.

Girls brought to pre (Madame Bertram)

Sweden -

- began for war needs.

- very systematic.

1776 - ~~ling~~, fencer, etc.

1839 - ~~male~~

1804 - H. with fencing (studied A. + Physiology)

1814 - Royal Central Institute of Gym.

Nachtagall inspired it.

- not much apparatus.

3 phases - education, army, medical.

of P.E. - General Princ. of Gym.

- Rigalmar ling - son - <sup>father</sup> - army order.

- studied needs of child.

- sports, folk dancing, promoted it.

- 1 yr. elementary teachers

2 yr. army

3 yr. medical

non. 4 yr.

Contributions

Anatomy, Physiology, Applied Anatomy.

Arrangement of exercises.

National need.



# - CHARACTER FORMATION

● Great Britain - systems secondary.

- contribution of sports - national, not just schools.

- no detailed system of training, coaching

- sport is natural.

- school budget allows, student control.

Archie Mc Laren - private gym. Oxford.

anthropometry - measuring man.

- Army - Swedish Army - Danish

France - Amoros - to France 1814

charge 1818 - then displays as John.

1830 - govt controlled - wrote manual.

- schools resulted against Army training

- Swedish, English, American.

● U.S.A. 1820 - amke educationally. Pop. 10% of Canada.

- before 1800 - rural - no play.

- 1790 - 85% English - sports + games.

1% Scotch.

2% Dutch - skating, boating.

Virginia - hunting, shooting, boxing.

1820 - immigration 1830 - German influence ③

- Puritan restrictions 3 Turners (gymnasts)

- Pestalozzi - Naef - system in Penn.

1850 - Manual Labour Unit - Follenburg.

1855 - 1<sup>st</sup> kindergarten. Froebel. Wisconsin.

- child's chief business is play.

- changed German gym. to play.

Play - moral + social welfare.

● 1812 - West Point.

1825 - Round Head School - Dr. Beck. Follen.

1824 - Follen to Harvard. (German Teacher)

Francis Lieber + Beck

SWENDENER. - P.E. IN USA.



1828 - Catherine Beecher. Conn.

- calisthenics to music.

1840 - 4 types P.E.

1) manual labour ment.

2) calisthenics.

3) military training

4) John's German gym.

1848 - Swedish gym in private gyms.

1856 - Bath - Y.M.C.A.

Di Lewis - calisthenics. 1823-1888.

\* - Dr. Hitchcock - Amherst. Tests + measurements.  
(Anthropometric + strength)

1885 - Q.A.P.E.

1879 \* Dr. Sargent - Harvard. Measurements.

- individual apparatus.

- strength test.

1883 - Sargent School - Cambridge Mass.

Dr. Roberts - Y.M.C.A.

Dr. Gulick - Recreation. Springfield, Plattsburgh  
N.Y.

Born Fox - Swedish. Boston.

Dr. Bartwell - John Hopkins. Boston.

P.E. in American Schools + Colleges + U.

Sherman - living leaders. "NEW P.E."

Thomas D. Wood. - health + P.E. Columbia.

1920's health in schools.

\* Jesse F. Williams + J.B. Nash

Clark Betherington - Wisconsin.

1891. James Naismith - Springfield instructor - basketball.

2000 degree granting U's in USA. [1888 - McBill

50-100. P.E. degree. Start was good under  
excellent men.

1888. James Naismith at McBill

1891-1892 - Basketball - Y.M.C.A. College - Springfield.

Now - Sociological + psychological research - all fields.



Newfoundland. Minimal U.

## P.E. History.

● Nova Scotia - Strathcona Trust.

compulsory all normal schools.  
gym + folk dancing.

New Brunswick - Strathcona Trust.

<sup>x</sup> U. of N.B. - no compulsory teaching of P.E.  
<sup>x</sup> Dalhousie 1 yr. normal. <sup>x</sup> H.C. Donnell

Quebec - none in high schools. <sup>x</sup> U. of Montreal  
health compulsory. McGill 3 yrs.

Ontario - 1913 - 1st P.E.

- elementary + secondary grades.  
- Strathcona Trust.

games.

<sup>x</sup> Queens

<sup>x</sup> Ottawa

● U. of Toronto

<sup>x</sup> McMaster

<sup>x</sup> Western (M.A.)

Margaret Eaton. 2 yrs.

Manitoba - normal school course.

- summer course.

Agricultural Teacher's School.

<sup>x</sup> Saskatchewan -

1905 - compulsory - primary  
secondary schools.

University - P.E. school.

<sup>x</sup> Alberta 1923 - compulsory every grade

M.A.

● B.C. - Recreation centres.

Y.W. + Y.M.C.A.'s.

Private schools.

High schools (?)

1946 - UBC. degrees. M.A.



## Camp Education Outline

8.10.

- Oct. 28. History of Organized Camp.  
Mr. Stanton.
- Nov. 4. The Educationalist looks at the  
Summer Camp. Dr. Linn.
- Nov. 11. Psychology for Camp Leaders.
- Dec. 3. The Social Psychologist looks at Camp.  
Dr. Petchum.
- Dec. 10. The Educational Aspects of  
Physical Training + Creative Work.
- Dec. 17. Counsellor Training Courses.
- Dec. 24. Panel Discussion  
What are the essential requirements  
for a counsellor training course.
- Mar. 3. No meeting.
- Mar. 10. Educational Significance of Camp.
- Mar. 17. New Program Devices for Camp.
- Mar. 24. Philosophy of Camp Ed.

R. S. Woodworth 1934.

Trang + Srdon

Kreuzer + Beckless

J. B. Morgan. Keeping a Sound Mind.

Runkel. Let's be Normal.

Problem.

limited

definite

possible

common to all types

publish.



Education becomes direction of child's learning.  
Teach him things which he will use.  
Camp keeps up some ideals.  
Boulton Camp. Mothers & children. 1922.

### History of Summer Camp.

Refer Gibson, Seaman (Enc. Britt.)

- Camping in fundamental urge - primitive man
- did it.
- our physical & mental makeup outcome of civilization.

1<sup>st</sup> campers: American Indians.

- developed characteristics of self-preservation & natural abilities of hunting, fishing, etc.

1900 - Seaton. Back to nature movement.

1861 - 1<sup>st</sup> organized camp. Gunn.

1874 - Philadelphia Y.W.C.A.

Sea Rest, Ashbury Camp. N.J.

1876 - 1<sup>st</sup> private camp. Dr. Rothrock.

P. Culture Camp.

1880 - Dr. Binkley, 1<sup>st</sup> church camp.

Goodwill Farm. Conn. Rhode Is.

Camp Shocorus. 1<sup>st</sup> private successful camp.

- 1) personal supervision.
- 2) work organized
- 3) uniforms

~~1886~~ 1886 - Camp Algonquin. DeMott. N. England.

Pioneers - educationalists & interest in children & outdoors.

- 1) to get out in the outdoors.
- 2) to develop love of nature.
- 3) find joy in simplicity of living
- 4) find joy in game - team.
- 5) inspire love of work.
- 6) to make boys responsible, honest, etc.



## 2) Basis for religion.

- 1885 - Y.M.C.A. Camp. Dudley. Lake Champlain.  
Lake Conchichung, copy of it.  
1280 camps.
- 1890 - Y.M.C.A. Halifax. E. M. Robinson - 1st Canadian.  
- 1st boys' camp. Mass. 60 camps.
- 1892 - Ref. Army. Rochester. New York, 1st girls camp.  
Camp Army.
- 1892 - Life's Work for Jun 1887. Lloyd Stark.
- 1909 - Boy Scout. 300 camps America.
- 1912 - Girl Scouts 1st in Berlin.  
- Campfire Girls. (1914) Bulich.
- 1900-1910 - Idea caught.
- 1902 - The Cobles. Moose Pond. Maine, N.Y.
- 1905 - Bulich Camp. 1st unit camps.
- 1910 - Malhelo. A.E. Hamilton. Aloha.
- 1904 - Mrs. Farnsworth. Hoxmer Camp.
- 1900 - Culver Military Academy. Indiana. Naval school.
- 1902 - Cavalry School.
- 1913 - Woodcraft School. Artillery School.
- Dr. Monahan, Sprague.
- Canada. 1893. Saumogony. Chain camps.
- 1900 - Cokerone Camp.
1900. Miss Case. Northway Camp.
- 1920 - Miss Edgar, Holiday, Potter, Jameson, Percival.
- 1922 - Camp Zanabekom. - Hamilton.
- 1923 - 1243 camps.
- 1916 - Girls Camp. Ass.
- 1924 - Camp Directors Assoc.
- 1935 - American Camp Assoc.



WOMAN IS MORE IMPORTANT THAN MAN.  
(EDUCATE A WOMAN, & YOU EDUCATE A FAMILY.)

## Oriental 2000 B.C.

Edm. D. Myers.  
India 'Education in Perspective of History'.

Secondary civilization. First civilized people.

1) FAMILY 2) ANCESTRAL WORSHIP SINIC, INDIC, HELLENIC.

China - Schools for nobility - boys lived 10-20 yrs.

Everything for state stability.  
- Etiquette, rites & ceremonies, dancing, music with Confucius 550 B.C. Royal School.  
- Duty of home & life - fulfillment of duties.

AGE DOMINANT - 'CONG FU' - 2600 B.C. a type of game (gymnastics)

Egypt - Pyramids, religion, pharaoh. 2900 B.C.  
- (2 1/2 ton blocks) Re Nile - influence spread East.

SWIMMING - letters, calendar, papyrus, irrigation, astronomy.

India - 1400 B.C. Persians come East. 5 of world's pop.  
- Vedas burning - start of schools. - GURU - teacher  
- literature, astronomy, culture, (P.E.)

1) CASTE \* - women men educated & teachers too (Brahman)  
- caste system (5) - about 2000 yr. ago (CLAN)

1) Brahmanas - aristocr. intellectual.

2) Kshatriyas - warrior aristocrats & genl.

3) Vaishyas - traders, peasants. (sub-castes)

14) SUPRAS  
4) 'dramas' - woodsmen, water-carriers, servants

5) Outcastes - outcastes.

Problems of 1) language (Hindic - nat. lang) & 2) religious  
all souls equal (transmigration - sacred cows)

2) SPIRIT  
SPIRITUAL ASPECT - more important than physical.

- women's place poor - child marriages.


- YOGA - mental & physical training.

- thoughts are contemplative - diverse world.

- aesthetic - meditative - abstract thought

☯ - concentration & flexibility (held positions)

1) - Breath control. 2) Holding pos (stamina)

3) - PEGS  Big stick, little stick.

- PEGGIE.





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